

Bilastuff Suspension

Bilastine (2.5mg) Suspension: Product Information

Brand Name: Bilastine 2.5 mg Suspension

Generic Name: Bilastine

Strength: 2.5 mg per 5 ml

Dosage Form: Oral Suspension

Indications:

Bilastine 2.5 mg Suspension is an **antihistamine** used for the treatment of symptoms associated with allergic conditions. It is indicated for:

1. Allergic Rhinitis:

- Treatment of symptoms associated with **seasonal allergic rhinitis** (hay fever) and **perennial allergic rhinitis** (year-round allergy to allergens such as dust mites, pet dander, etc.).
- Reduces symptoms like **sneezing, runny nose, nasal itching, and itchy or watery eyes.**

2. Chronic Urticaria (Hives):

- Relief of **itching** and **rash** associated with chronic idiopathic urticaria (chronic hives), a condition where red, itchy hives appear on the skin without an apparent cause.

Mechanism of Action:

Bilastine is a **second-generation antihistamine** that selectively blocks **H1 histamine receptors**. Histamine is a substance released during allergic reactions, and it binds to these receptors, causing symptoms like itching, swelling, and increased mucus production. By blocking these receptors, Bilastine helps to reduce the severity of these allergic symptoms without causing significant sedation or drowsiness.

Dosage and Administration:

Adults and Children over 12 years:

- The usual dose is **10 mg once daily**, taken in the form of a **tablet** or **oral suspension**.
- For **oral suspension**, measure **5 ml** of the suspension, which contains **2.5 mg** of Bilastine per 5 ml. Take once a day as directed by your doctor.

Children (6 to 11 years):

- The usual dose is **5 ml** (2.5 mg) once daily.
- Adjust the dose based on the specific recommendation from your healthcare provider.

Children under 6 years:

- Bilastine 2.5 mg suspension is generally not recommended for children under the age of 6 unless prescribed by a healthcare provider.

Administration:

- Shake the suspension well before use to ensure the correct dose is delivered.
- Bilastine can be taken **with or without food**.
- Use the provided measuring cup or syringe to ensure accurate dosing.

Contraindications:

Bilastine 2.5 mg Suspension should not be used in the following conditions:

- **Hypersensitivity** to Bilastine or any component of the suspension.
- **Severe kidney dysfunction:** Bilastine is excreted through the kidneys, and impaired renal function may affect the drug's clearance from the body.

Warnings and Precautions:

- **Sedation:** Bilastine is a non-sedating antihistamine, but individual responses may vary. Although the risk is low, **drowsiness** or **fatigue** can occur, especially

when combined with alcohol or other sedative drugs.

- **Kidney Impairment:** Use with caution in patients with **mild to moderate renal impairment**, as the drug may accumulate in the body. The dose may need to be adjusted in such patients.
- **Pregnancy and Breastfeeding:** Bilastine should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus. It is not known whether Bilastine passes into breast milk, so consult your doctor before using this product if you are pregnant or breastfeeding.

Side Effects:

Common side effects:

- **Headache.**
- **Drowsiness** or mild **fatigue** (less common with Bilastine compared to first-generation antihistamines).
- **Dry mouth.**
- **Nausea** or **stomach discomfort.**

Serious but rare side effects:

- **Severe allergic reactions** (rash, itching, swelling, difficulty breathing).
- **Fast or irregular heart rate.**
- **Dizziness** or **light-headedness.**
- **Kidney issues:** Changes in urine output or signs of kidney dysfunction.

If you experience any serious side effects or signs of an allergic reaction, seek immediate medical attention.

Drug Interactions:

- **Erythromycin and Ketoconazole:** These drugs may increase the blood levels of Bilastine, possibly leading to increased side effects. Consult your healthcare provider if you are taking these or similar medications.
- **Antacids:** Taking Bilastine with antacids containing **aluminum or magnesium** may reduce the absorption of the drug. Allow a gap of **2 hours** between taking Bilastine and antacids.
- **Alcohol and CNS Depressants:** Although Bilastine is less sedating than first-generation antihistamines, it may still increase the sedative effects of alcohol or other CNS depressants (e.g., tranquilizers, sleeping pills).

Storage:

- Store Bilastine 2.5 mg Suspension at **room temperature** (15°C to 30°C / 59°F to 86°F).
- **Shake well before use** to ensure even distribution of the drug.
- Keep the product tightly closed and away from light and moisture.
- Keep out of reach of children.

Patient Counseling Information:

- **Follow the prescribed dose:** Take Bilastine exactly as directed by your healthcare provider. Do not exceed the recommended dose.
- **Avoid alcohol:** Alcohol and other sedatives can increase the risk of side effects such as drowsiness or dizziness.
- **Monitor side effects:** If you experience symptoms such as **severe dizziness, swelling, or difficulty breathing**, contact your healthcare provider immediately.
- **Hydration:** Stay well-hydrated, especially if you experience any dry mouth or digestive discomfort.

This information for **Bilastine (2.5 mg) Suspension** outlines its uses, dosage, side effects, and safety precautions. Always consult your healthcare provider for personalized advice and recommendations before starting any medication.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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